

# Julie Smith, Licensed Physical Therapist Assistant (LPTA)

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## Summary

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Licensed Physical Therapist Assistant with 20+ years of experience, including 8 years of post-surgery and outpatient care with elderly populations in a leading hospital's Total Joint program, as well as experience in nursing homes, sub-acute rehabs, acute care, and aquatics. Collaborative team player and dependable independent worker committed to patient safety and compliance. Communicates effectively with patients, therapists, physicians, nurses, and care managers.

Patient Safety & Care	Patient Relationship Building	HIPAA Compliance
Communication with Healthcare Team	Problem Solving	Policies & Procedures
Time Management & Organization Skills	Documentation & Reporting (EMR)	Critical Thinking & Analysis

## Experience

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### Physical Therapist Assistant, Metro Health, Grand Rapids, Michigan 1997-Present

Provides evidence-based physical therapy for multiple diagnoses, including post-op (rotator cuff surgery and total knee, hip, and shoulder replacements) and non-surgical issues (spine, core, and foot/ankle). Works in a variety of settings, including hospital (orthopedics, trauma, cardiac, general med, and ICU), sub-acute rehab, aquatic, and outpatient. Maintains the clinic, including documentation. Collaborates with care managers, physicians, nurses, and therapists.

- Known for flexibility in covering a variety of settings. Leverages expertise in performing specialty therapies, such as McKenzie and joint mobilizations.
- Ensures patients' comfort and actively involves them in their own care to achieve goals using critical thinking, problem solving, mechanical/technical expertise, and patient education.
- Volunteered to teach a class on physical therapy for total joint pre-op patients.

## Additional Experience

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### Physical Therapist Assistant, Healthcare Staffing Agency, Multiple Locations in Ohio 1995-1997

- Provided in-patient acute and outpatient therapy services at 2 hospitals. Performed wound care.

### Physical Therapist Assistant, Spectrum Health, Grand Rapids, Michigan 1991-1995

- Worked in multiple settings, including hospital, outpatient, and aquatic.
- Observed surgeries. Gained experience in wound care.
- Selected by supervisor to serve as Center Coordinator for Clinical Education, in recognition of strong organizational and communication skills. Paired associate degree students with Physical Therapists. Coordinated meetings with college instructors, students, and Physical Therapists.

## Qualifications

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Education: Bachelor of Science in Biomedical Science, Michigan State University  
Associate in Applied Science – Physical Therapist Assistant, Grand Rapids Community College

Certifications: Licensed Physical Therapist Assistant, State of Michigan, Current  
CPR Certified, Current

Trainings: Elderly Abuse • Feeding Assistance

Technology: Microsoft Office • Epic & Cerner Electronic Health Records (EHR)

Equipment: Electrical Stimulation • Ultrasound • Pelvic & Cervical Traction • Fitness Equipment

Volunteer: Team Manager, Youth Hockey (2018-Present) & Youth Select Soccer Club (2013-2015)  
Coach, High School Girls Golf Team (2015-2017)